Secondary dapsone-resistant leprosy in Brazil: a preliminary report

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Summary In this first report of laboratory confirmation of the presence of dapsone-resistant Mycobacterium leprae in Brazil, the susceptibility to dapson was studied in 12 patients clinically suspected of being resistant to dapsone.

The results showed that 8/12 strains were fully resistant to dapsone (66%), and 3/12 strains were partially resistant (25%). In 1/12 case the organisms failed to grow in all groups of mice. Important indicators for dapsone resistance include irregular treatment, lepromata of the histoid variety, bacterioscopy with solid bacilli and lack of response to dapsone therapy during 6 months.

Introduction

Due to its efficacy, good safety margin, good acceptance by the patients and low cost, leprosy chemotherapy in Brazil has been based on dapsone monotherapy since 1943. However, this fact is creating a dangerous epidemic situation owing to the emergence of drug-resistant strains. Patients become subject to relapses and disseminate strains of dapsone-resistant M. leprae to their contacts.

The first clinical evidence of dapsone resistance was reported in 1953.¹ But because of the difficulty of finding a suitable test animal, laboratory confirmation was only obtained in 1964² when Shepard's food-pad technique was used for demonstrating drug resistance.

In 1977³ primary dapsone resistance was confirmed for the first time.

Dapsone resistance, which can be partial or total, appears late; never before 5 years, generally from 10 to 15 years, and sometimes after 20 years of regular treatment.

When resistance is partial, the multiplication of *M*. *leprae* can only be observed when minimal doses of 1-2 mg/kg of the body weight of the drug are

used. When bacterial multiplication occurs with this dosage we can consider dapsone resistance as total.

The World Health Organization⁴ suggested that efforts should be made to provide leprosy-endemic countries with well-equipped laboratories for Shepard's foot-pad technique.

Cases where there is clinical suspicion of dapsone resistance should be confirmed by the foot-pad technique, in order to facilitate better planning of therapeutic schemes and better supervision of the treatment of individual patients.

Research in 25 countries has indicated dapsone-resistant coefficients of prevalence in the order of 1–19, and of incidence in the order of 0.1-0.8% per year.⁴

In view of such variable data, a survey of dapsone-resistant cases is justifiable in Brazil as multidrug therapy is more expensive and more toxic and requires monitoring programmes which increase the costs to the health services.

To carry out such a survey the Oswaldo Cruz Foundation set up a laboratory for Shepard's foot-pad technique and the first results of our experience are presented here.

Materials and methods

Biopsy specimens were obtained from patients with multibacillary leprosy attending the Centro de Dermatologia Tropical Alfredo da Mata in Manaus (Brazil), and suspected of secondary resistance to dapsone. Employing the technique described by Shepard,⁵ *M. leprae* were recovered from each specimen and diluted so as to provide an inoculum of 5×10^3 *M. leprae* per foot-pad. Forty BALB/c mice were inoculated in the right-hind foot-pad. Beginning on the day of inoculation a group of 10 mice were fed ordinary mouse diet (Control group), whereas the other 3 groups were fed a diet which incorporated dapsone in a concentration of 0.0001, 0.001, 0.01 g/100 g diet. The dapsone concentration in the mouse diet was analysed by Ellard's Standard Method.⁶

Three months later, one mouse from the untreated group was sacrificed and M. *leprae* were harvested from the right foot-pad. When the average number of organisms reached 5×10^5 in the control group, one mouse of each treated group was sacrificed. If fewer than 5×10^5 organisms per foot-pad were harvested from the untreated mice, the experiment was continued until a concentration of 5×10^5 was reached. At this time all mice of the other groups were sacrificed and the results compared.

Results

The susceptibility to dapsone of 12 *M*. *leprae* strains was tested in the mouse footpad and the results are summarized in Table 1.

Patient	Sex	Age	Class	BI	Date mice inoculated	Time of harvest (days)	Dapsone concentration (g_{0}^{o})			
							0	0.0001	0.001	0.01
MCV	F	46	MHD	3+	07/07/82	214	4.6	50	1.6	0.7
JBM	Μ	50	MHD	3+	08/07/82	274	8.9	6.9	7.9	9.9
VC	Μ	44	MHV	3+	08/07/82	214	1.0	0.9	0.7	0.7
FPC	Μ	53	MHV	ND	09/07/82	277	6.9	9.9	10	9.9
MLS	Μ	47	MHV	2 +	13/07/82	244	11	7.9	10	7.9
JWSL	Μ	33	MHV	4+	07/10/82	212	5.2	1.4	1.3	1.2
MGCS	F	38	MHV	ND	13/12/82	242	NM	NM	NM	NM
WPA	Μ	33	MHV	3 +	21/01/83	224	10	19	25	10
MDM	F	33	MHV	3+	22/02/83	223	16	10	10	85
SFC	Μ	34	MHV	2 +	22/02/83	223	24	6.6	39	10
APL	Μ	30	MHV	3+	18/04/83	213	5.0	10	20	80
LBS	Μ	32	MHV	3+	09/05/83	201	22	7.8	47	46

Table 1. Average number of *Mycobacterium leprae* per foot-pad ($\times 5 \ 10^5$)

NM = No multiplication. ND = Not done.

As the table shows the M. *leprae* strains from 8 patients were fully resistant to dapsone, since M. *leprae* multiplied as well in the treated mice as in the untreated mice.

M. leprae strains from 3 patients showed partial resistance to dapsone, that is the organisms did not grow so well in the group of treated mice as in the group of untreated mice.

The organisms obtained from patient MGCS failed to multiply either in the mice of the treated or in those of the untreated (control) group.

Discussion

This was the first attempt to demonstrate dapsone-resistant strains of M. leprae, in Brazil, by Shepard's mouse foot-pad technique.

As has been shown in other countries, our results, demonstrating that 8/12 strains were fully resistant to DDS (66%), and that 3/12 strains were partially resistant (25%), indicate the existence of mixed populations of dapsone-resistant and dapsone-susceptible strains. In 1/12 strains the organisms failed to grow in either treated or untreated mice indicating that they were already dead when inoculated. Possible explanations for this could be that the organisms had lost their viability during packing and transportation or during the preparation of the inoculum; or the organisms might have been killed in the patient⁷ in the course of treatment and might therefore be considered as susceptible to dapsone.

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Some indicators are very suggestive of dapsone resistance—irregular treatment, lepromata of the histoid variety, bacterioscopy with solid bacilli and no response to dapsone treatment during 6 months.

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