

Reviews

1 **Tropical Diseases in Temperate Climates.** KEVIN M. CAHILL, Jan., 1965, J. P. Lippincott Co., Philadelphia/Montreal. 225 pages, 80 figs. 90s net. from Pitman Medical Publishers Co. Ltd., London.

Dr Kevin M. Cahill is head of the Department of Epidemiology and Director of Tropical Medicine in the U.S. Naval Medical Research Unit, Egypt and Sudan. He has broached the subject in order to provide doctors, without first hand experience of tropical medicine, up to date information on the diseases which they could treat in patients in tropical areas and in patients in temperate climates who had been in the tropics. He has succeeded in providing an extremely readable and accurate book giving satisfactory accounts of helminthic, protozoal, bacterial, viral, spirochaetal, rickettsial and miscellaneous diseases, and it includes a very useful and practical chapter on 'Advice for Travel in the Tropics'.

The account of leprosy is very balanced and sufficiently conclusive to make anyone intelligently informed on this subject, which is of growing importance and the treatment of which has growing efficiency. The essential points of the necessity to be able to recognise and treat many or even most of the diseases outside the tropics are well met by this book.

These are the days of rapid communications and almost all tropical diseases can become manifest in patients residing in temperate climates. The illustrations are well chosen and very helpful to the understanding of the clinical appearances.

Prof. Woodruff's foreword makes the point that several epidemics have originated from the rapid transmission from one country to another of persons incubating the disease.

2 **Aids to Tropical Hygiene and Nursing.** WILLIAM C. FREAM, S.R.N., Fifth Edition 1964, Balliere, Tindall & Cox Ltd., London, 220 pages, price 10/6, 9 figs, 7 plates, foreword by Dr W. H. Jopling.

This is the fifth edition of a very useful handbook in the Nurses' Aids Series and will find an enthusiastic welcome, as did its predecessors. In the care of patients in tropical diseases a very great debt of gratitude is always owed to the nurses. It is not too much to say that they bear the greater part of the strain. In many places abroad they bear the whole of the strain. In any case this book will prove of great value on preventive medicine and is thoroughly to be recommended. It has an adequate index.